

# Provider Education

## Disease Management Programs

### Did you know?

**MeridianHealth (HealthChoice Illinois) has a Disease Management Program to ensure effective management of chronic conditions.**

Patients are automatically enrolled based on diagnoses received from claims.

### More About Our Disease Management Program



- Sends disease-specific educational patient mailings focusing on preventive steps patients can take toward avoiding complications
- Educates patients on appointment adherence, self-management of conditions, medication compliance and more to help patients live healthy lifestyles
- Promotes collaboration among providers, support service providers, and the health plan to create better plans of care

### What does this mean for you?

As a provider, you educate patients on the best ways to manage and improve their health. Providers can help their MeridianHealth patients by:



- Working with them to receive important tests, such as routine diabetic tests
- Encouraging them to get their yearly flu vaccine
- Referring patients to benefits that MeridianHealth offers to help manage their conditions

### Benefits available to MeridianHealth patients:



- Clinical support
- New Beginnings: Meridian's Smoking Cessation Program
- Weight Watchers: two sessions of 12 weekly meetings
- Health reminders for routine tests
- Nutritional counseling
- Diabetes education classes

**This year's program specifically targets patients diagnosed with the one of following:**

- Anxiety
- Asthma
- Attention Deficit Hyperactivity Disorder (ADHD)
- Cardiovascular disease
- Chronic obstructive pulmonary disease (COPD)
- Congestive Heart Failure (CHF)
- Depression
- Diabetes
- Hypertension
- Substance Use Disorder

**For a copy of current clinical practice guidelines, visit our website at [www.ilmeridian.com](http://www.ilmeridian.com).**

**For any questions or more information, please call Meridian at 866-606-3700.**