

# Monthly Provider Check-In

[Provider Portal](#) [Prior Authorization](#) [Provider Notices](#) [Provider Manual](#) [Practice Updates](#)

## In this issue

- [Discussing Black maternal health solutions on Capitol Hill](#) >
- [Help us move the needle on pregnancy outcomes](#) >
- [New 2024 P4P incentive: Capturing Z Codes](#) >
- [Champion cancer screening during Women's Health Month](#) >
- [Long COVID and depression](#) >
- [Women's health Quality Improvement webinars](#) >
- [New YouthCare Provider Manual](#) >
- [YouthCare Pharmacy Update](#) >
- [Fee schedule updates, rate changes, & billing updates](#) >
- [In case you missed it](#) >

## Discussing Black maternal health solutions on Capitol Hill



Black women, no matter their education level or income bracket, are three times more likely to face life-threatening pregnancy complications than White women. On April 29, Cristal Gary, Meridian Plan President and CEO, participated in a panel discussion during the [2024 Annual NMQF Leadership Summit](#) in Washington, D.C. Alongside fellow experts, she addressed the Black maternal health crisis and approaches to affect change and scale solutions for health equity.

[Watch the panel discussion](#)

## Help us move the needle on maternal health outcomes

Did you know that members who complete a [Notification of Pregnancy \(NOP\)](#) are three times more likely to be compliant with prenatal care? And they can earn up to \$250 and free baby gear through our expanded [Healthy Rewards program](#).

Encourage patients to submit their NOP early via the member portal, **or you can complete it on their behalf through the [secure provider portal](#)**. A completed NOP will connect your patients to Meridian's care management team and high-risk members to [Start Smart for Your Baby®](#) – our multi-faceted program that includes enhanced outreach, wellness materials, intensive care management, and provider collaboration to lower the risks of premature births and admissions to neonatal intensive care units.

### New 2024 P4P incentive: Capturing new and expectant moms' health-related social needs

We're proud to unveil a new P4P incentive that rewards providers an extra \$10 for including Z Codes on claims for prenatal and postpartum visits. [Learn more](#) about Z Codes, which capture patients' social conditions such as education, housing, employment, and food access. By systematically documenting Z Code information, together we can develop interventions that take a whole-person approach to healthcare.

[2024 P4P Incentives](#) ↗

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## Celebrate Women's Health Month as a champion for cancer screening

Routine screening to detect breast and cervical cancers at their earliest, most treatable stages saves lives.

- Meridian members can earn \$100 for breast cancer screening and \$50 for cervical cancer screening through our [Healthy Rewards](#) program.
- Providers can earn incentives for delivering these preventive services through our enhanced [2024 P4P program](#).
- Promote breast cancer screening by sharing our *Fast Facts for Better Health* video with your patients and networks.

[Video: The Importance of Getting Your Mammogram](#) ↗

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## Long COVID and depression

Studies emerging about Long COVID offer providers valuable insights, such as findings that depression is the most prominent symptom associated with the condition. Our recent provider notice outlines the risk factors for developing Long COVID, the most common symptoms, and guidance for treating mental health conditions associated with it, including the antidepressant medications on the [Meridian Preferred Drug List](#).

**[Long COVID Resources](#)** ↗

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## Women's health Quality Improvement webinars

Our Quality Improvement team's May webinars focus on women's health, breast cancer screening, cervical cancer screening, and chlamydia screening in women. To attend, contact the Quality Practice Advisor (QPA) or associate QPA assigned to your practice, or email [ILHEDISOps@mhplan.com](mailto:ILHEDISOps@mhplan.com). And learn more about preventative measures in the [2024 HEDIS Quick Reference Guide](#) for Meridian and our family of plans.

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## Updated YouthCare Provider Manual released

YouthCare HealthChoice Illinois has released an updated Provider Manual, a reference tool designed to assist you and your staff in understanding plan policies, procedures, and other protocols for YouthCare. Find the manual any time on YouthCare's [website](#) under Manuals, Forms, and Resources. For claims and billing information, please reference the [IAMHP Comprehensive Billing Guide](#). Examples of changes to the manual include:

- Updated information relating to the pharmacy benefit manager
  - How to report significant events
  - Timely filing guidelines
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## YouthCare pharmacy update: Psychotropic medications

**Effective June 1, 2024**, the status of the medications buprenorphine, buprenorphine-naloxone, methadone, naltrexone, and naltrexone-triamcinolone will change for YouthCare members under the care of the Department of Children and Family Services (DCFS). The drugs will require the form [CFS 431-A](#) (also known as a consent form) to be submitted to DCFS.

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## Fee schedule updates, rate changes, & billing updates

Claims payment updates and known issues are posted on our [website](#). Claims should not be resubmitted. If you have questions about billing, contact your assigned Provider Relations representative. If your practice doesn't have an assigned representative please, complete our [intake form](#).

- [Planned rate adjustments for practitioner services](#) went into effect on April 2, 2024.

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## In case you missed it

- YouthCare members previously denied orthodontic services may qualify for the oral healthcare they need through a [new grant opportunity](#).
- May is Mental Health Awareness Month, the perfect time to [sign up for a live, instructor-led behavioral health training session](#) offered by our parent company Centene.
- [Visit our video library](#) for member-friendly videos on important topics such as childhood immunizations, colorectal cancer screening, and sexually transmitted infections.

Follow [Meridian](#) and [YouthCare](#) on LinkedIn!

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Meridian and our family of plans connect communities across the state to the whole-health care they need, right where they are.



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Meridian complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

## Contact us

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